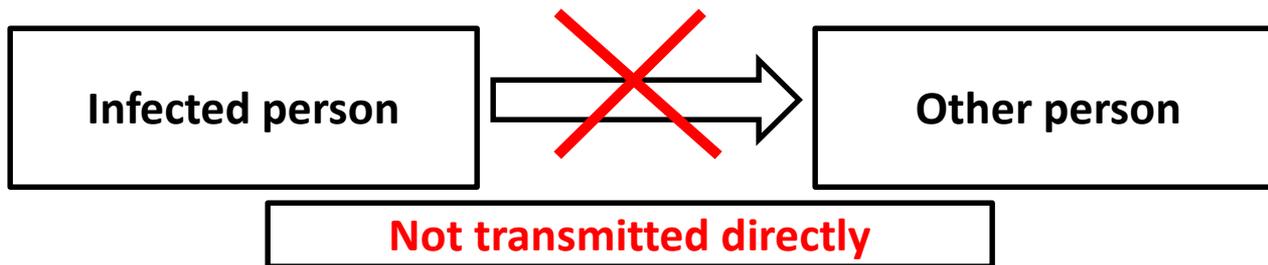
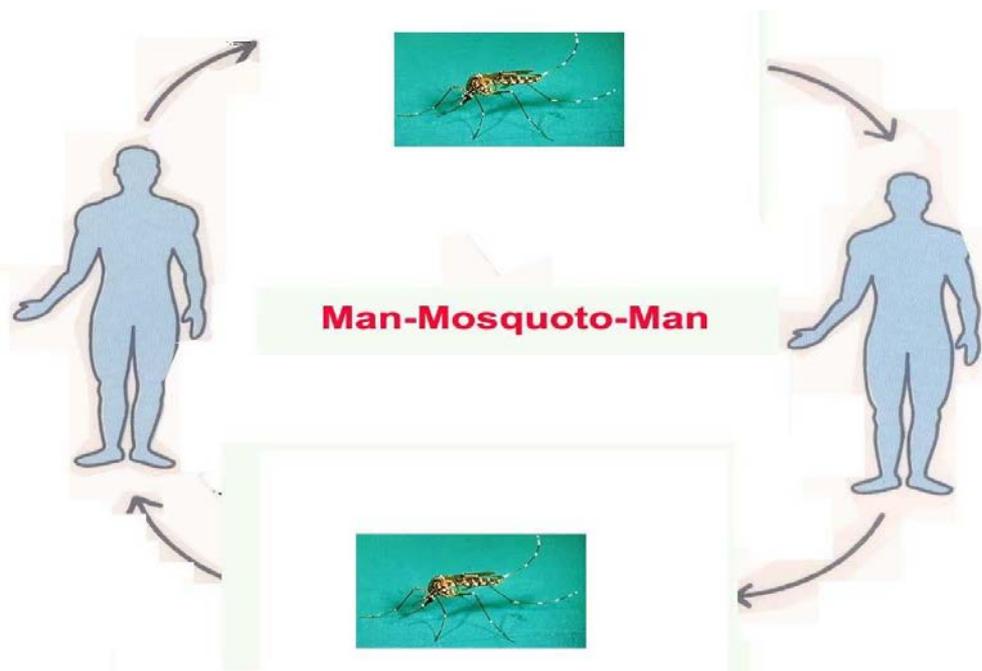


DENGUE AWARENESS

What is Dengue ?

Dengue is a viral disease transmitted to human by the bite of infected Aedes mosquito.



Know Your Enemy !!
“Aedes”
mosquitoes



“TIGER Mosquitoes”
Breeds Inside and around the House
Bites in day time also

BREEDING PLACE

- Mosquito breeds in any type of man made containers or storage containers having even a small quantity of water.
- Eggs of *Aedes* mosquito can live without water for more than one year.



Dengue Symptoms

- Disease occurs more frequently in the rainy season and immediately afterwards (July to October) in India.
- Fever: continuous for 3 to 7 days
- Severe headache
- Joint pain, muscle pain, pain behind eyeballs
- Nausea, vomiting, and rashes on skin
- In very rare cases, the condition may worsen into dengue hemorrhagic fever, leads to bleeding from nose, gums, in urine and from internal organs.

How to know for Dengue

**Blood tests
are done
to
know
whether a person is
having
Dengue or not.**

Treatment

- At present, no specific drug is available that can treat dengue fever effectively.
- Patient should be isolated in a mosquito-free environment to prevent the spread of disease.
- Consult your doctor if you have fever, body pain, joint pain etc.
- Take adequate fluid, healthy diet and rest.
- Take medicine timely if advised by the doctor.
- There is no specific Dengue Vaccine available at present.



Prevention

Protect against mosquitoes

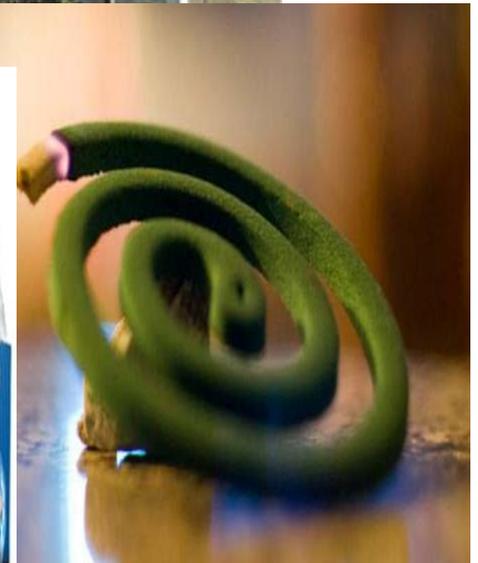
- **Prevent Mosquito breeding**

- **Prevent Mosquito bites**

- **Don't allow water to remain stagnant in and around your house.**
- **Fill the ditches.**
- **Clean the blocked drains.**
- **Empty the room air coolers and flower vases completely at least once in seven days and then refill them.**
- **Tray below the fridge also to be cleaned regularly.**
- **Dispose off old containers tins and tyres etc. Properly.**
- **Keep the water tanks and water containers tightly covered so that the mosquitoes can not enter them and start breeding.**
- **Keep the surroundings of your house clean.**
- **Don't litter garbage.**
- **Don't allow wild herbs etc. to grow around your house.**
- **Spray insecticidal sprays behind the photo frames, curtains, calendars, corners of house and stores.**
- **Use insecticidal sprays in all areas within the house at-least once a week.**

Protection Against Mosquito Bites

- Wear clothes which cover the body as much as possible.
- Use Wire mesh on windows and doors.
- Use mosquito repellent sprays, creams, coils, mats or liquids to drive away / kill the mosquitoes.



Protection Against Mosquito Bites



Always use mosquito net while sleeping.

Dengue Fever

can be

Easily Prevented!

It is Your, Mine

and ...*Our*

RESPONSIBILITY

A sandcastle on a beach. On top of the sandcastle, a person is lying on a mat, covered with a red blanket. A large mosquito is perched on the sandcastle, with its wings spread. The background shows the ocean and a person standing on the beach.

STOP DENGUE ACT NOW!
IF THEY BREED,
YOU WILL BLEED